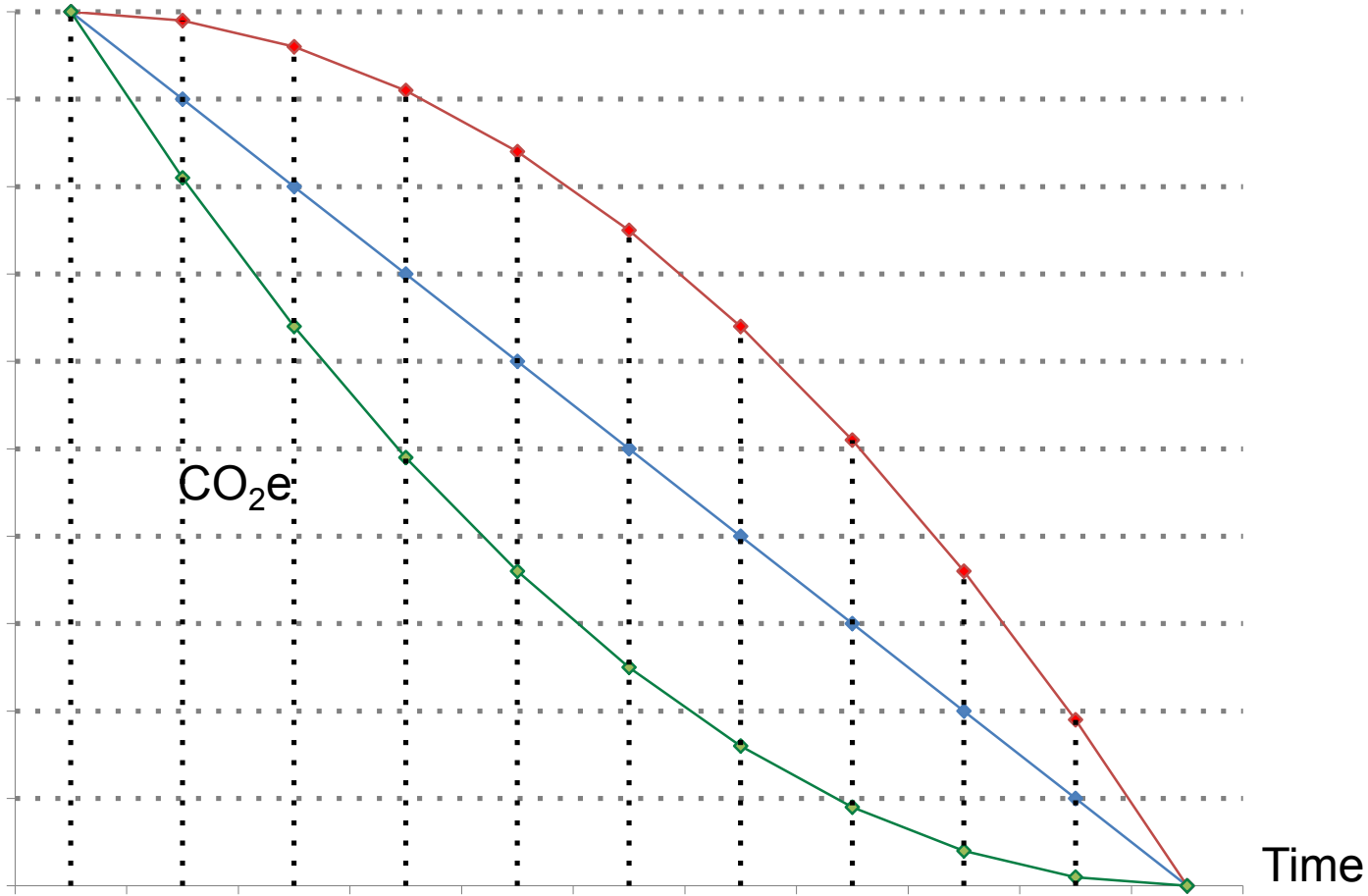


# Time Value of CO<sub>2</sub>e savings

## The importance of embodied CO<sub>2</sub>e



1 Context & Definitions  
Questions

2 Case Study – Portola Valley Town Center  
Questions

3 How can we reduce embodied Carbon?  
Materials  
Existing Building reuse / upgrade  
Size - impact on embodied CO<sub>2</sub>

Group Strategy Session

## CONTEXT / DEFINITIONS

Carbon Dioxide (CO<sub>2</sub>) – a colorless, odorless gas 1.98kg/m<sup>3</sup>

1 Ton = 505 cubic meters

1 lb + 2.5 cubic feet

# DEFINITIONS

Carbon Dioxide (CO<sub>2</sub>)

GWP = 1

Other greenhouse gasses:

Methane

GWP = 21

Nitrous Oxide

GWP = 310

Fluorinated Gasses

GWP = 140 to 11,700

HFC-23

GWP = 11,700

HFC-32

GWP = 650

HFC-125

GWP = 2,800

HFC-134a

GWP = 1,300

HFC-143a

GWP = 3,800

HFC-152a

GWP = 140

HFC-227ea

GWP = 2,900

HFC-236fa

GWP = 6,300

HFC-4310mee

GWP = 1,300

# ENVIRONMENTAL IMPACTS - BUILDING OPERATIONS

Buildings **operations** annually in the US, are responsible for:

- 39% of energy consumption
- 71% of electricity consumption
- 12% of the fresh water
- 42 Quads of Energy (Quad = 1 quadrillion btu's or 7.5 gigawatts. U.S. uses about 100 Quads of energy)
- **~38% of CO<sub>2</sub> emissions**

*Source: A National Green Research Agenda USGBC*



# ENVIRONMENTAL IMPACTS - BUILDING CONSTRUCTION

Building **construction** annually in the U.S. is responsible for:

- 12% of energy consumption
- 40% of non-industrial waste, 170 million tons (2003), 81 tons diverted
- 25% of global wood harvest
- 8 quads of energy
- **~12% of CO<sub>2</sub> Emissions**



# ENVIRONMENTAL IMPACTS – OPERATING / EMBODIED

Buildings **operations** annually in the US, are responsible for **~38% of CO<sub>2</sub> emissions**

Building **construction** annually in the U.S. is responsible for **~12% of CO<sub>2</sub> Emissions**

# ENVIRONMENTAL IMPACTS – OPERATING / EMBODIED

Buildings **operations** annually in  
the US, are responsible for **~38% of CO<sub>2</sub> emissions**

300+ billion sf

Building **construction** annually  
in the U.S. is responsible for **~12% of CO<sub>2</sub> Emissions**

~10 billion sf

# Construction Sources of CO<sub>2</sub>e

## Construction Materials

Extraction, Harvest

Manufacture – primary, secondary

Transport

## Construction Activity

Equipment – grading, hauling, cranes, etc.

Labor - transportation

Energy Use – tools, temp facilities



# PORTOLA VALLEY TOWN CENTER



## **Design Team**

Mechanical – **Rumsey Engineers**  
Electrical – **IDEAs**  
Photovoltaics – **High Sun Engineers**  
Structural – **Forrell/Elsesser**  
Landscape – **Lutsko Associates**  
Civil - **BKF**



<b>Old Town Center</b>	<b>Area</b>	<b>% of Total</b>
Building Footprint	25,000	5.1%
Paving	165,900	33.9%
Playing Fields	96,000	19.6%
Landscape	203,000	41.4%



<b>New Town Center</b>	<b>Area</b>	<b>% of Total</b>
Building Footprint	20,500	4.2%
Paving	146,400	29.9%
Playing Fields	100,000	20.4%
Landscape	223,000	45.5%

# Salvaged Wood



## 3.1 SALVAGE OF DEMOLISHED WOOD

- A. The Owner desires to reuse a certain quantity of the wood demolished from the existing building(s). Using wood from the existing building, remove wood from the jobsite, de-nail, clean, and re-mill wood into the following items. After re-milling, deliver pieces back to the jobsite for use by the Owner on Phase 2 of the Project. Provide the following items under the Base Bid. For additions to, and deletions from these quantities, refer to Section 01270 - Unit Prices:
1. 5,000 board feet of 1" x 3", 1" x 4" and 1" x 6", mixed widths with no width less than 20% of total, minimum 8' lengths, S4S, T&G, Douglas fir, for interior wall paneling.
  2. 7,000 board feet of 1" x 3", minimum 8' lengths, random length in multiples of 2', S4S, resawn face, Douglas fir, for interior wood slat ceilings.
  3. 3,000 lineal feet of 2" x 6", multiples of 4' lengths, S4S, Douglas fir, for exterior wood sunshades.
  4. 20 ea. 6" x 10" x 16' long, S4S, Douglas fir, for exterior beams at sunshades.
  5. 30 ea. 6" x 10" x 12' long, S4S, Douglas fir, for exterior beams at sunshades.
- A. Salvaged Lumber to Remain: Using wood from the existing building, salvage the following wood, de-nail, clean, and leave on the jobsite. No milling is required.
1. 75 ea. 3" x 12" x 8' long, S4S, Douglas fir, for site benches and picnic tables.



*Total Reclaimed Lumber: 20,000 board ft.  
+ glulams for countertops & tree trunks  
for columns*

*Additional materials recycled:*

*Reused on site*

- > all of the concrete for base rock*
- > all of the asphalt paving and CMU for winterization and trail maintenance*

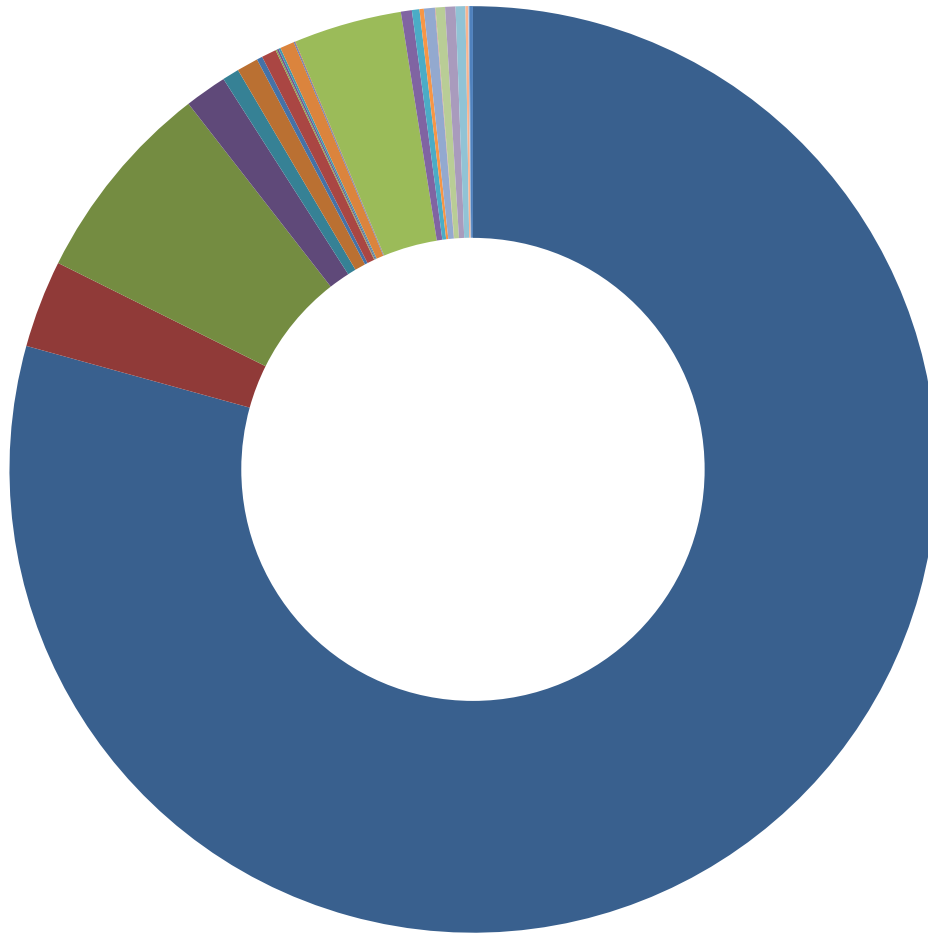
*Recycled off site*

- > all of the rebar, pipe & misc. metals*





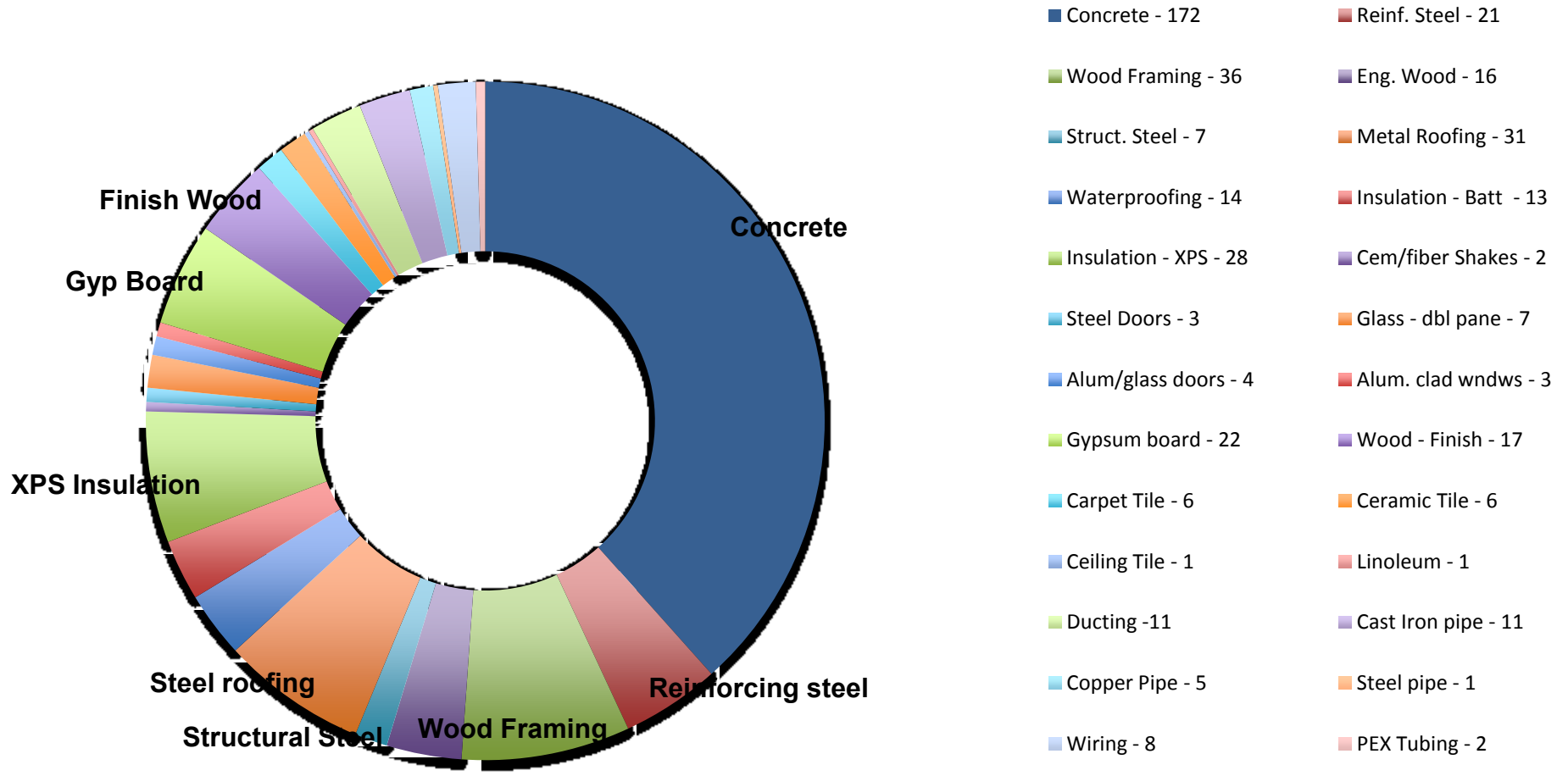
# PVTC - Building Materials: Weight – 1670 tons



- |                         |                           |
|-------------------------|---------------------------|
| ■ Concrete - 1324       | ■ Reinf. Steel - 51       |
| ■ Wood - 119            | ■ Engineered Wood - 25    |
| ■ Struct. Steel - 10    | ■ Metal roofing - 13      |
| ■ Waterproofing - 3     | ■ Insulation - Batt - 0   |
| ■ Insulation - XPS - 1  | ■ Fiber Cement Shakes - 1 |
| ■ Steel Doors - 1       | ■ Glass - dbl pane - 8    |
| ■ Alum/glass doors - .6 | ■ Alum. Clad wndws - .4   |
| ■ Gyp. bd. - 63         | ■ Clg. Tile - 6           |
| ■ Ceramic Tile - 4      | ■ Carpet Tile - 3         |
| ■ Ceiling Tile - 6      | ■ Linoleum - .4           |
| ■ PV System 5.5         | ■ Ducting - 6             |
| ■ Cast Iron pipe - 6    | ■ Copper Pipe - 2         |
| ■ Steel pipe - .4       | ■ Wiring - .4             |
| ■ Pex Tubing            |                           |



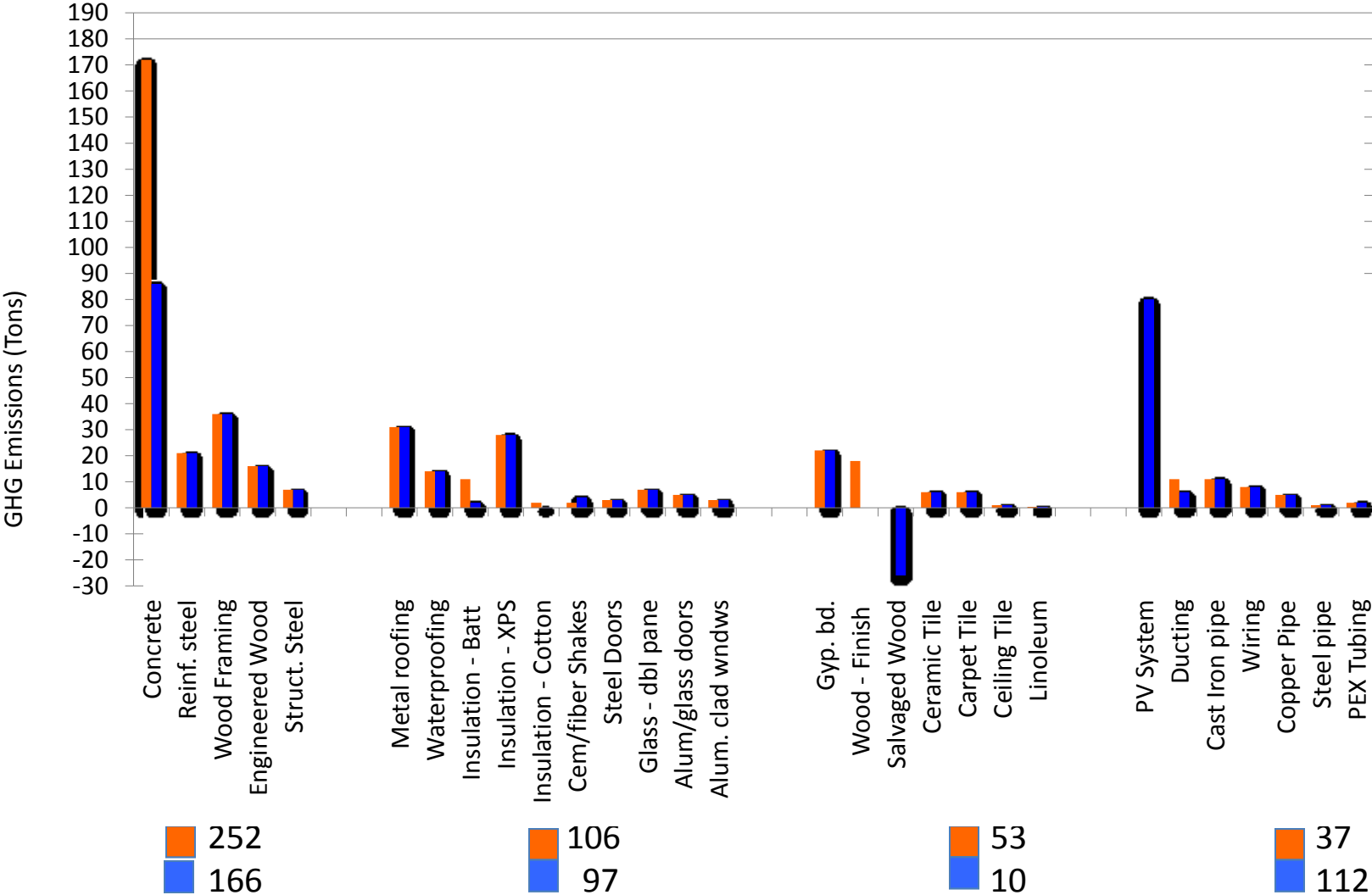
# PVTC - Building Materials: GHG emissions – 449 tons



# GHG Emissions – Construction Materials - Buildings

Base Case – 449 Tons

As Built– 386 Tons - Reduction - 63 Tons (15%)



252  
166

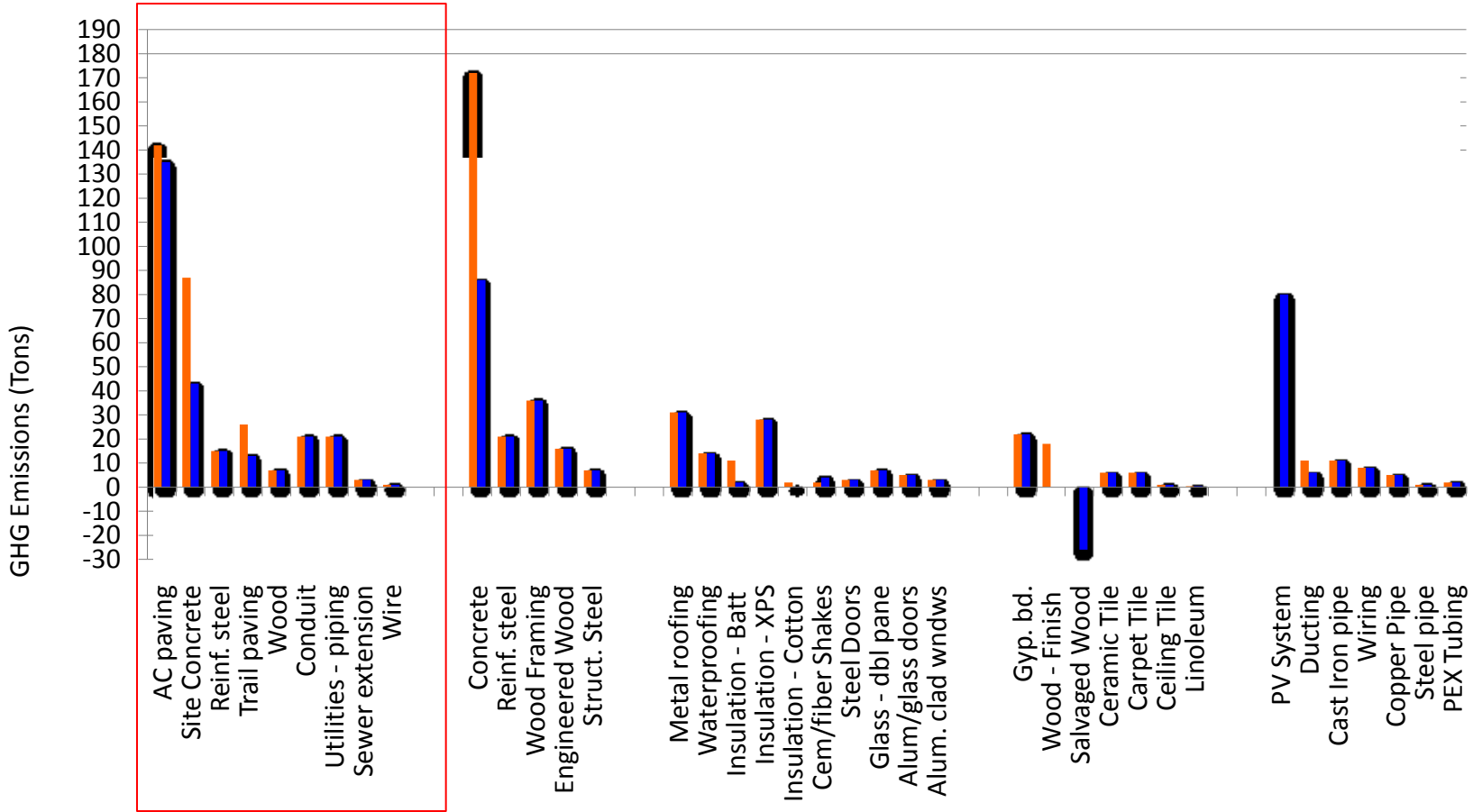
106  
97

53  
10

37  
112

# GHG Emissions - Construction Materials – Buildings + Site

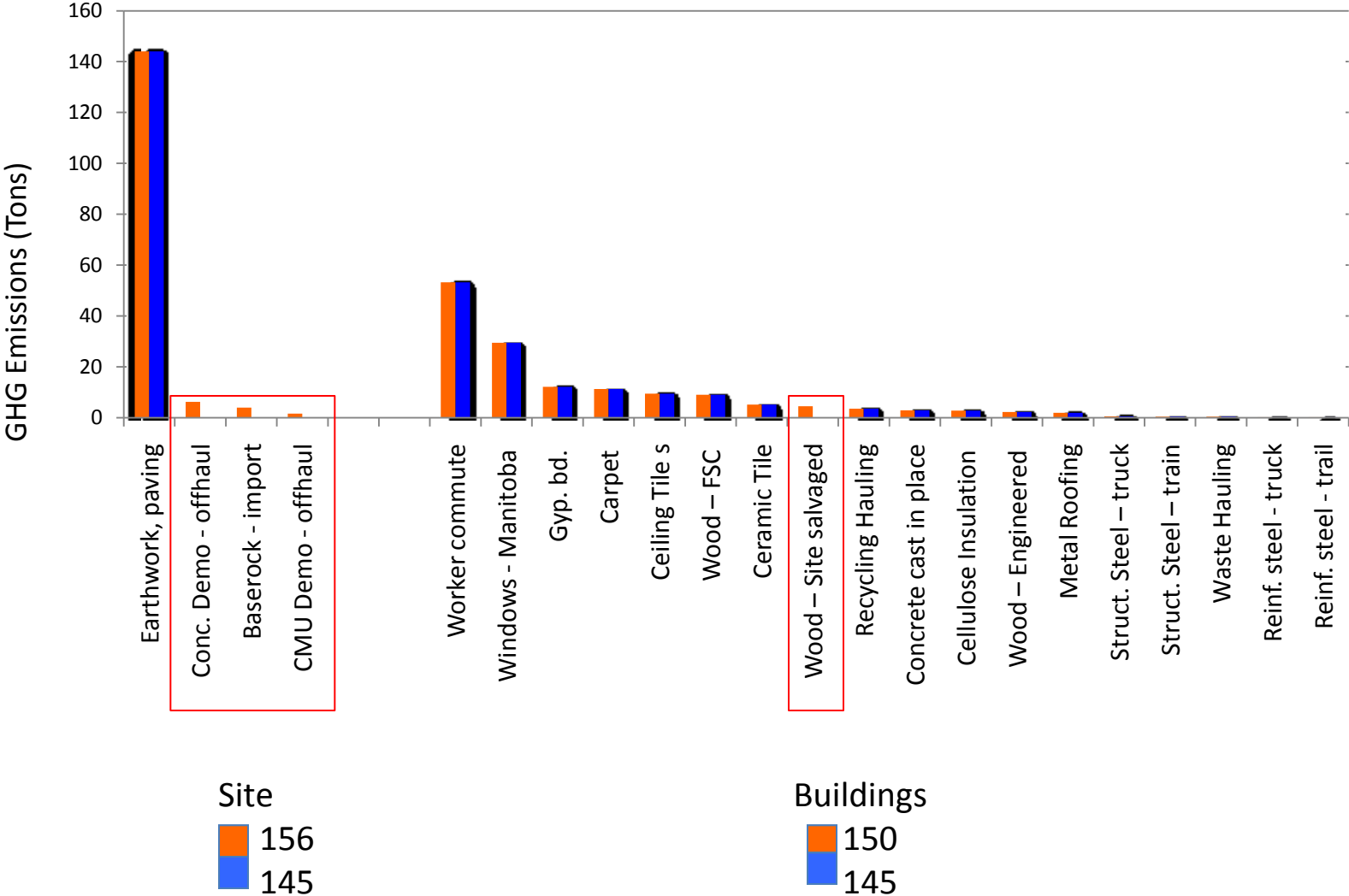
- Base Case – 772 Tons
- As Built – 645 tons - Reduction - 127 tons (17%)



Category	Base Case (Tons)	As Built (Tons)
Site	323	259
Structure	252	156
Envelope	106	97
Finishes	53	10
MEP	37	112

# GHG Emissions – Construction Vehicle Emissions

- Base Case – 306 tons
- As Built – 290 - Reduction - 16 tons (9%)



Material	Quant.	Dist. miles	Trips	Total miles	mpg	gals.	CO <sub>2</sub> lbs/gal	tons CO <sub>2</sub>	CO <sub>2</sub> saved
<b>Sitework - Grading, trenching, paving</b>	<b>\$400,000</b>							<b>144</b>	
Concrete Demo - offhaul	1300 tons	20	137	2740	5	548	22.5	6.2	-6.2
CMU Demo - offhaul	300tons	40	17	720	5	144	22.5	1.6	-1.6
Baserock - import	1600 tons	20	89	1780	5	356	22.5	4	-4
<b>Site Total</b>								<b>155.8</b>	<b>145</b>
Concrete cast in place	660 yds	20	66	1320	5	264	22.5	2.95	
Structural Steel – 2125 miles – train		2125		2125	50	42.5	22.5	0.48	
31.5 miles - truck	40 tons	31.5	2	252	5	50.4	22.5	0.55	
Wood – Engineered - Windsor, CA – 100 mi	50K bd.ft.	100	10	1000	5	200	22.5	2.25	
Wood – FSC - CA & WA– 400 mi	63K bd.ft.	400	10	4000	5	800	22.5	9	
Wood – Salvaged on site	28K bd.ft.	400	5	2000	5	400	22.5	4.5	-4.5
Reinforcing steel - 750 miles – rail		750		750	50	15	22.5	0.17	
50 miles truck	24.8 tons	50	2	100	5	20	22.5	0.23	
Metal Roofing - Adelanto, CA - 391 miles	12.5 tons	850		850	5	170		1.9	
Windows - Steinbach, Manitoba – 3270 mi	4207 sf	3270	4	12080	5	2416	22.5	29.45	
Gyp. bd. - Empire City, NV – 270 mi	63 tons	540	10	5400	5	1080	22.5	12.15	
Carpet - Dalton, GA – 2450 mi	2.5 tons	4900		4900	5	980	22.5	11.25	
Ceramic Tile - El Paso, TX - 1160	4.4 tons	2320		2320	5	464	22.5	5.2	
Cellulose Insulation - Sac., CA – 125 mi	50 tons	250		1250	5	250	22.5	2.8	
Ceiling Tile - MN, WI, MS avg. 2,100 miles	6.4 tons	4200		4200	5	840	22.5	9.45	
Worker commute, 17 months, 355 work days	6 workers	40 m/d	355	85,200	16	5325	20	53.25	
Recycle Hauling	515 tons	20	80	1,600	5	320	22.5	3.6	
Waste Hauling	1.4 tons	40	5	160	5	32	22.5	0.4	
									-16.3
<b>Building Total CO<sub>2</sub></b>								<b>150</b>	<b>145.5</b>

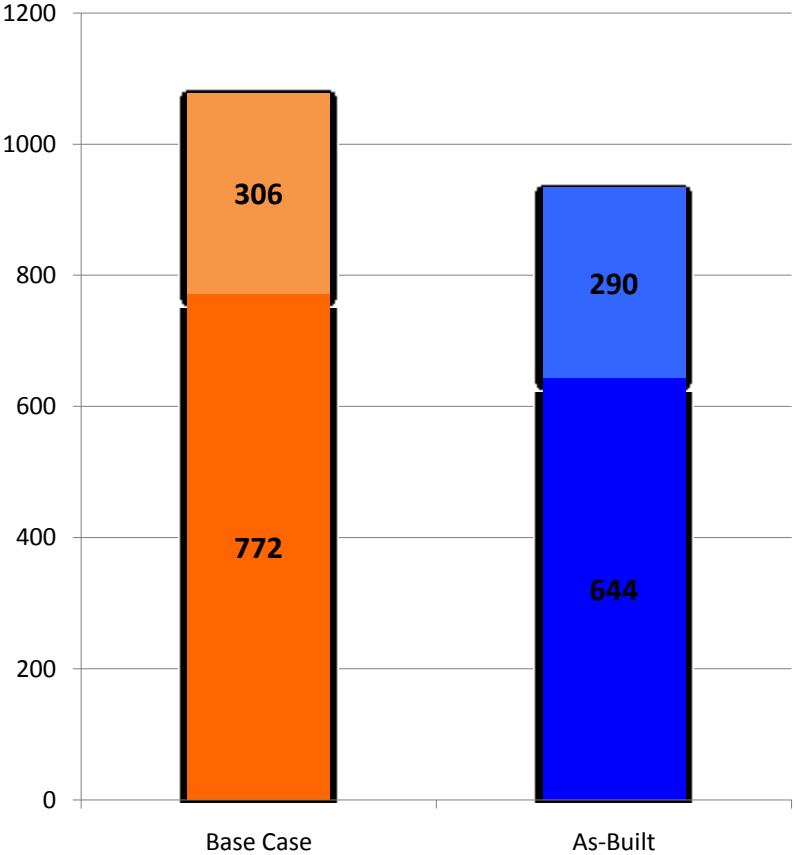
.36t/k\$<sup>1</sup>

EPA Estimate

# GHG Emissions - Totals

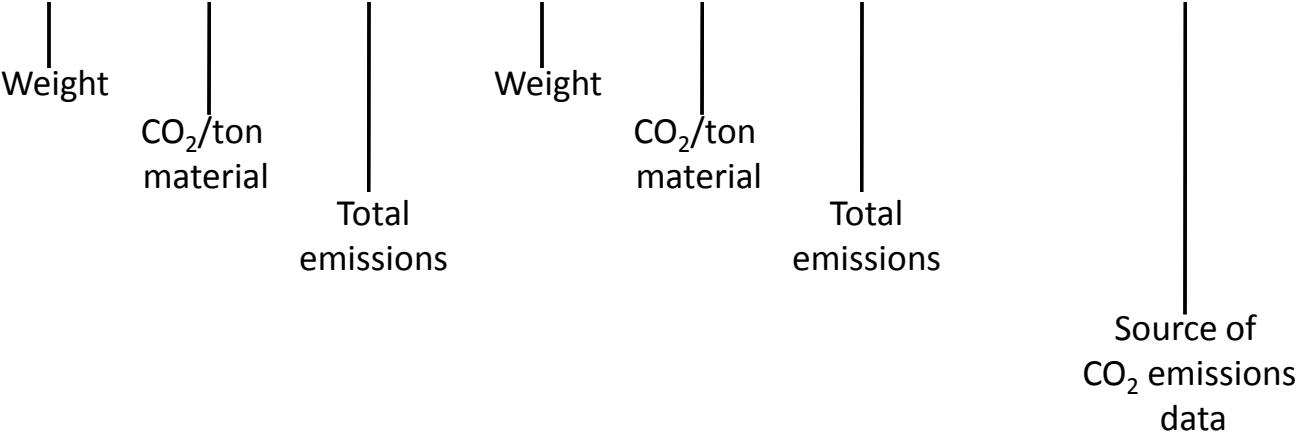
■ Base Case – 1,078 tons

■ As Built – 924 tons Reduction - 144 tons (14%)



# Portola Valley Town Center – Calculating CO<sub>2</sub>e

	Material	Baseline – Standard			As-Built – Reduced carbon			Savings	Source
		Quant. tons	ton CO <sub>2</sub> / ton	Total CO <sub>2</sub> / ton	Quant. tons	ton CO <sub>2</sub> / ton	Total CO <sub>2</sub> / ton	Tons of CO <sub>2</sub>	
<b>Structure</b>	Concrete	1324	0.13	172.4	1324	0.07	86	-86	ICE
	Reinforcing steel	51	0.4	21.42	51	0.4	21.4	0	ICE
	Wood	80	0.45	36	80	0.45	36	0	ICE
	Engineered Wood	24.6	0.65	16	24.6	0.65	16	0	ICE
	Structural Steel	10	0.68	6.8	10	0.68	6.8	0	ICE
	<b>Structure Total</b>				252			166	-86



	Material	Baseline			Reduced Carbon			t saved
		Quant. t	t CO2 / t	Total CO2 / t	Quant. t	t CO2 / t	Total CO2 / t	
Structure	Concrete	1324	0.13	172.1	1324	0.07	86.1	-86
	Reinf. steel	51	0.42	21.4	51	0.42	21.4	0
	Wood Framing	80	0.45	36.0	80	0.45	36.0	0
	Engineered Wood	24.6	0.65	16.0	24.6	0.65	16.0	0
	Struct. Steel	9.8	0.68	6.7	9.8	0.68	6.7	0
	<b>Structure Total</b>			<b>252.2</b>			<b>166.1</b>	<b>-86</b>
Envelope	Metal roofing	12.5	2.50	31.25	12.5	2.50	31.3	0
	Ice and water shield	3.3	4.20	13.86	3.3	4.20	13.9	0
	Insulation – Batt	7.5	1.50	11.25	47	0.04	1.9	-9
	Insulation - XPS	6500 bf	8.67	28.20	6500 bf	8.67	28.2	0
	Insulation - Cotton	1.0	1.50	1.50	3	0.04	0.1	-1
	Metals - Sunscreen	1.5	0.68	1.02	1.5	0.68	1.02	
	Fiber Cement Shakes	1.1	2.11	2.32	2.2	1.80	4.0	2
	Steel Doors	1.2	2.50	3.00	1.2	2.50	3.0	0
	Glass - double pane	8.32	0.85	7.07	8.32	0.85	7.1	0
	Alum. stile/rail doors	0.59	8.20	4.84	0.59	8.20	4.8	0
	alum. Clad frames	0.38	8.20	3.12	0.38	8.20	3.1	0
	<b>Envelope Total</b>			<b>107.4</b>			<b>98.3</b>	<b>-9</b>
	Finishes	Gyp. bd.	63	0.35	22.1	63	0.35	22.0
Wood - Finish		39	0.45	17.6	0.0	0.45	0.0	-18
Salvaged Wood		0	0.00	0.0	39	-0.67	-26.1	-26
Ceiling Tile		6.4	0.20	1.3	6.4	0.20	1.3	0
Ceramic Tile		4.4	1.40	6.2	4.4	1.40	6.2	0
Carpet Tile		2.5	2.30	5.8	2.5	2.30	5.8	0
Linoleum		0.4	1.20	0.4	0.35	1.20	0.4	0
<b>Finishes Total</b>				<b>53.2</b>			<b>9.5</b>	<b>-44</b>
MEP	PV System	0	0	0	5.5		80	+80
	Ducting	6.0	1.75	10.5	3	1.75	5.3	-5
	Cast Iron pipe	5.7	1.90	10.8	5.7	1.90	10.8	0
	Copper Pipe	1.6	3.00	4.8	1.6	3.00	4.8	0
	Steel pipe	0.4	2.70	1.0	0.38	2.70	1.0	0
	PEX Tubing	0.5	4.00	1.8	0.5	4.00	1.8	0
	Wiring	0.3	3.00	7.8	0.346	3.00	7.8	0
	<b>MEP Total</b>			<b>36.8</b>			<b>112</b>	<b>+75</b>
Totals	<b>Building Total CO2</b>			<b>449.6</b>			<b>386</b>	<b>-80</b>
	<b>Building sf</b>			<b>23273.0</b>			<b>23273.0</b>	
	<b>lbs CO2/sf</b>			<b>38.6</b>			<b>33.2</b>	<b>-5.4</b>

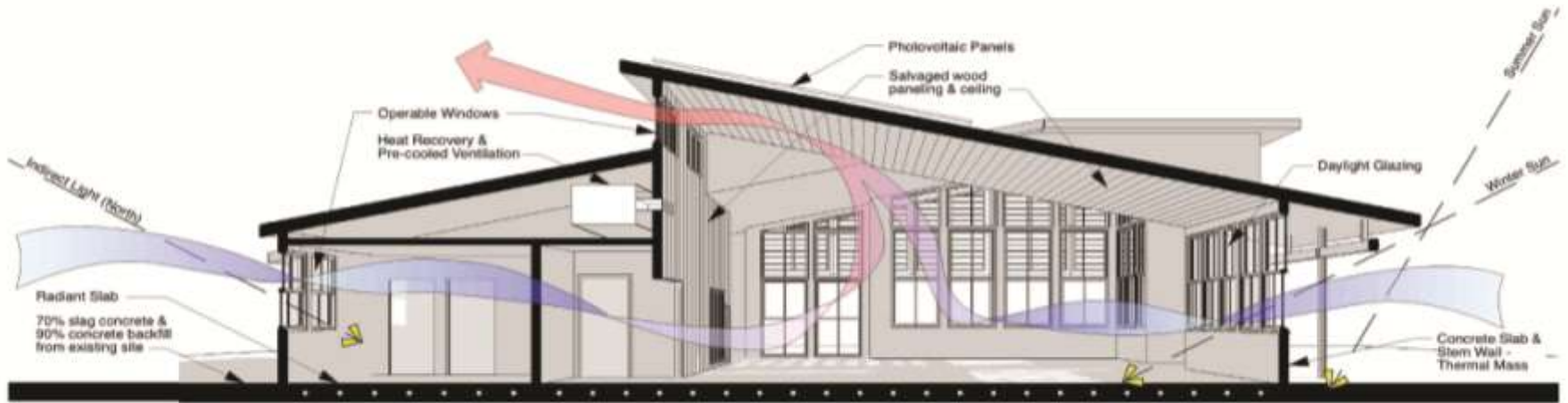
**Portola Valley Town Center**  
  
 56% - Structure  
 43% - As-Built  
  
 23% - Envelope  
 25% - As-Built  
  
 12% - Finishes  
 2% As-Built  
  
 8% - MEP  
 29% As-Built (PV's)

# Reducing Embodied GHG – Lessons Learned



- Tackle high volume materials first - Concrete – 80 tons CO<sub>2</sub> saved
- Limit energy intensive, high carbon materials – XPS insulation - 28 tons CO<sub>2</sub>
- Salvaged and recycled materials make a difference – Wood - 34 tons CO<sub>2</sub> saved
- Distance matters – On-site materials - 16 tons CO<sub>2</sub> saved; windows from Canada – 30 tons
- Sitework matters – Grading / paving vehicles – 140 tons CO<sub>2</sub> (EPA Estimate)

# PORTOLA VALLEY TOWN CENTER



## Construction vs Operating Emissions

### Passive Design

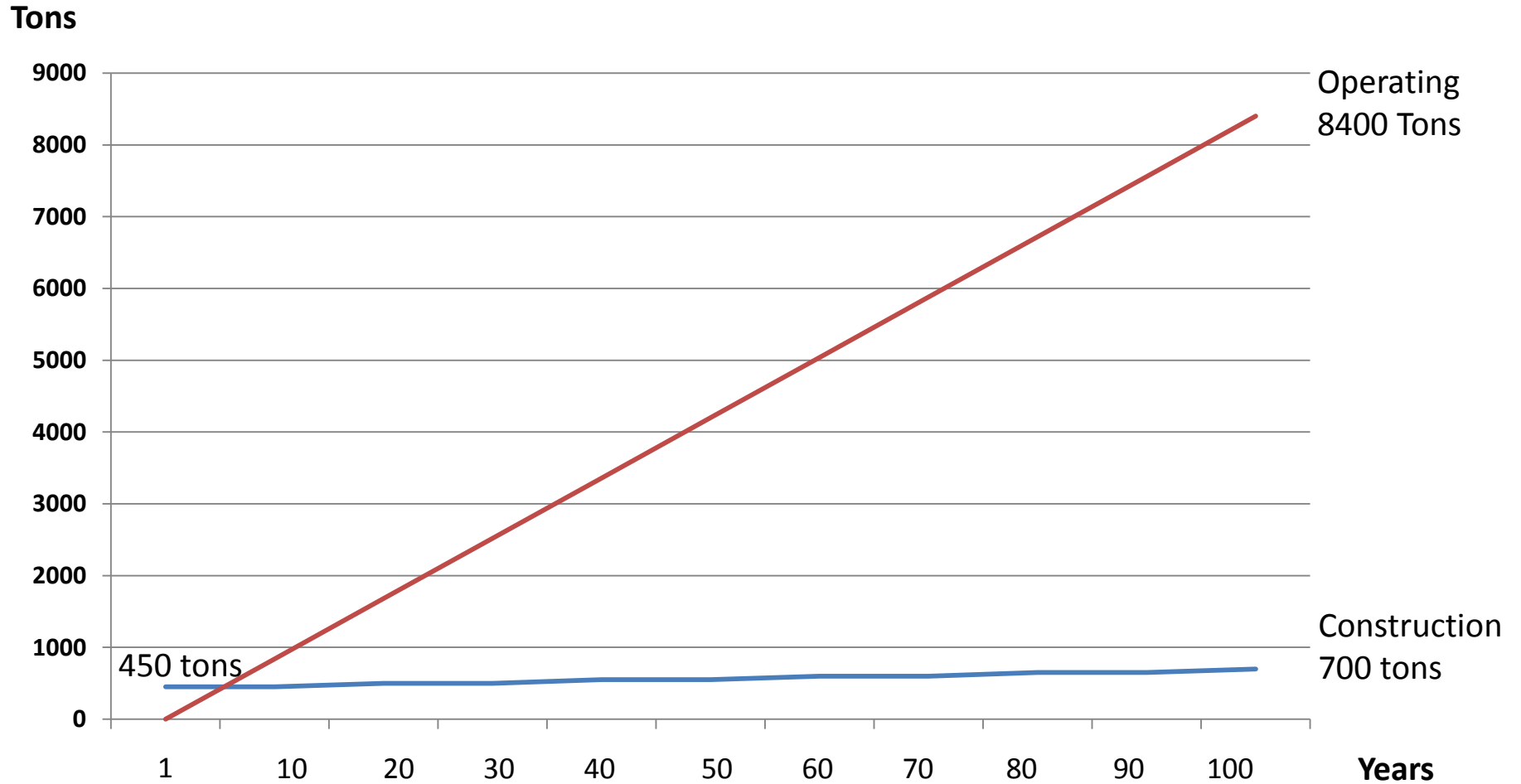
- Daylighting
- Natural Ventilation
- Thermal Mass
- Well insulated shell
- External Shading
- Reflective Roofs

### Efficient Systems:

- Radiant Slabs – 97% efficient Boilers
- Ultra efficient air conditioners – SEER 19
- 100% outside air ventilation – 30% above ASHRAE
- Indirect energy recovery between inlet and relief air
- 76 KW Photovoltaic roof top system
- Low-flow fixtures – waterless urinals, dual flush

# Embodied Emissions / Operating Emissions – over 100 years

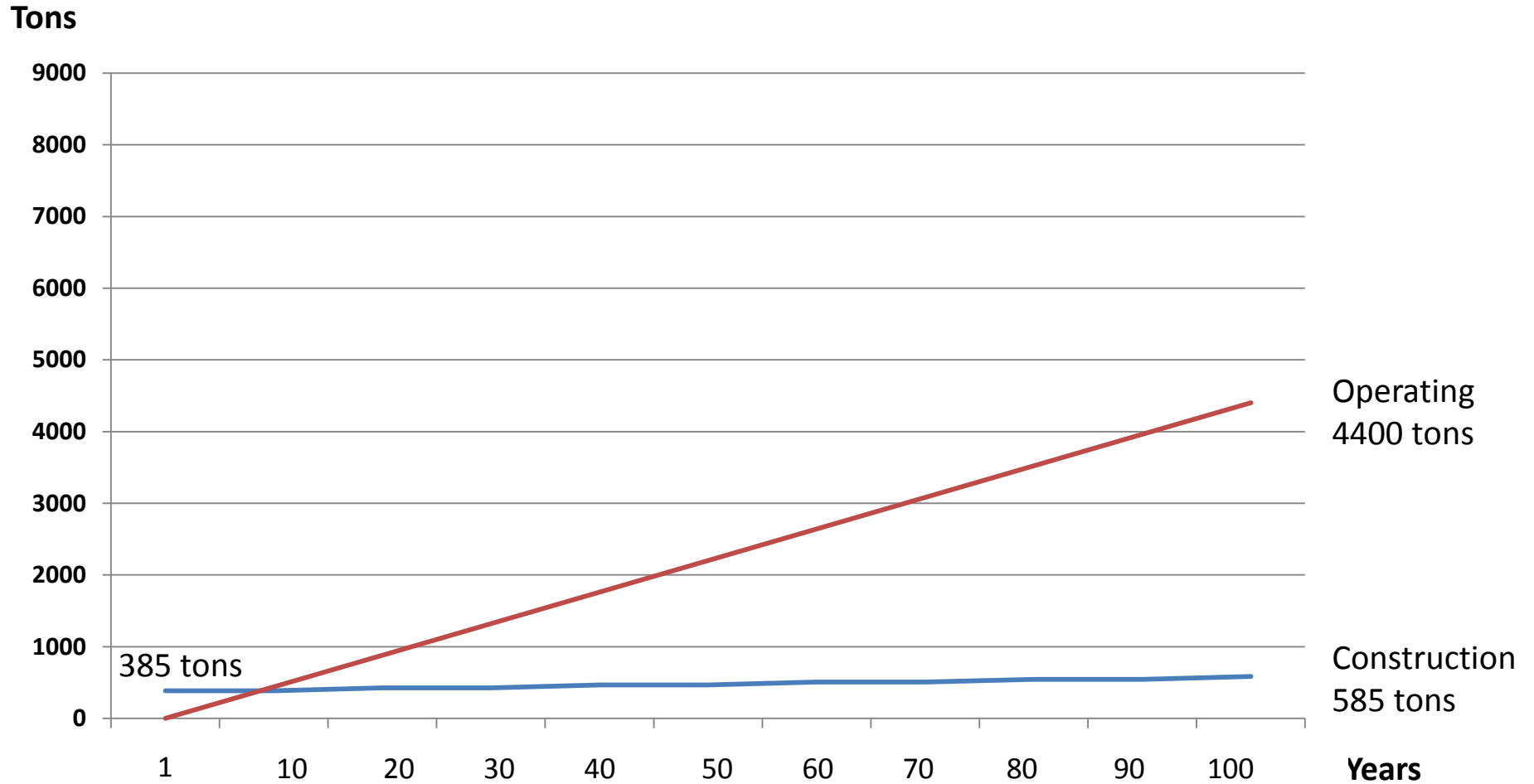
## Standard Building



Construction = 8% of Operating

# Embodied Emissions / Operating Emissions – over 100 years

## Efficient, Low Carbon Building

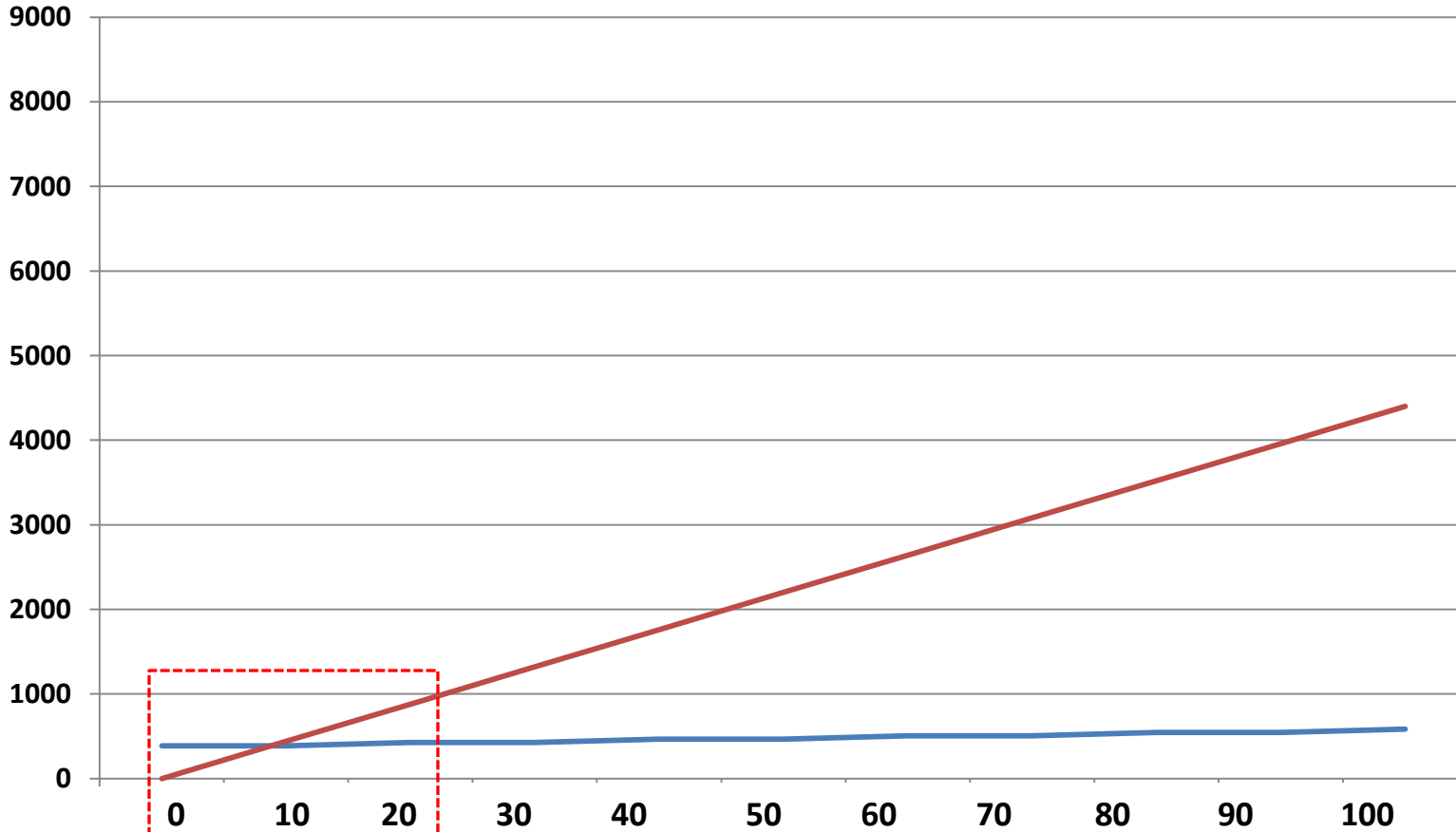


Construction = 13% of Operating

# Embodied Emissions / Operating Emissions

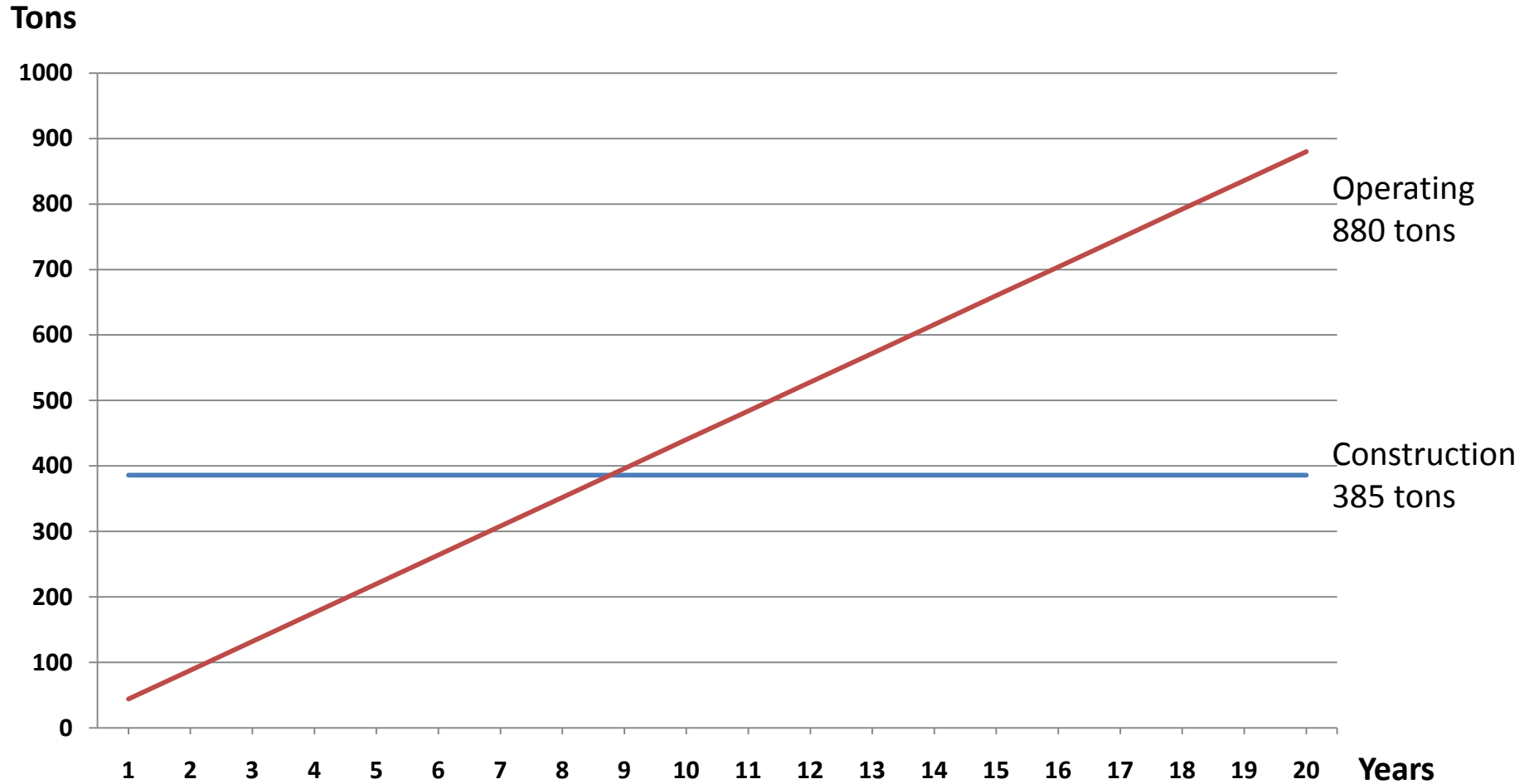
Efficient, Low Carbon Building

Tons



# Embodied Emissions / Operating Emissions – over 20 years

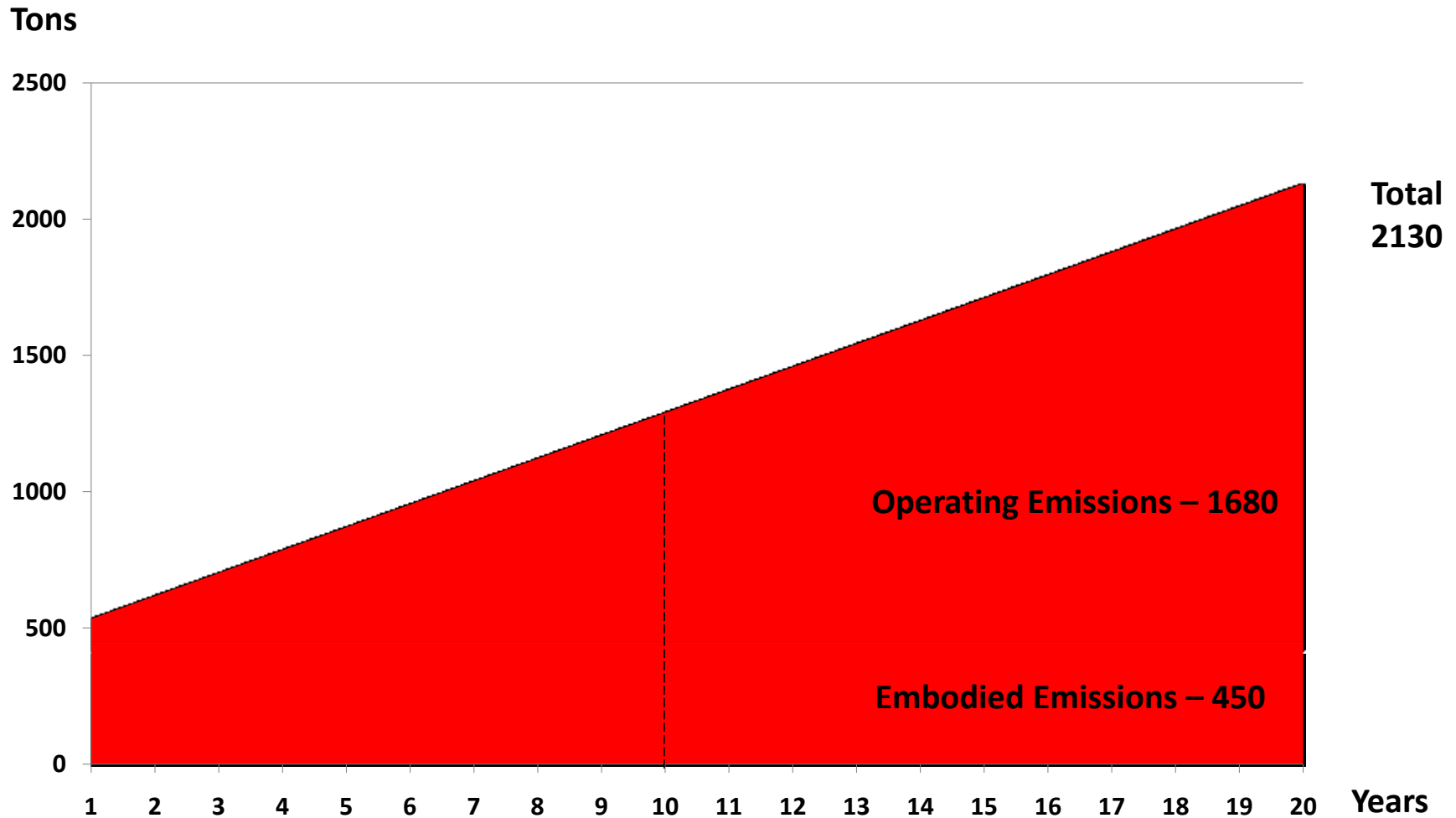
Efficient, Low Carbon Building



Construction = 43% of Operating

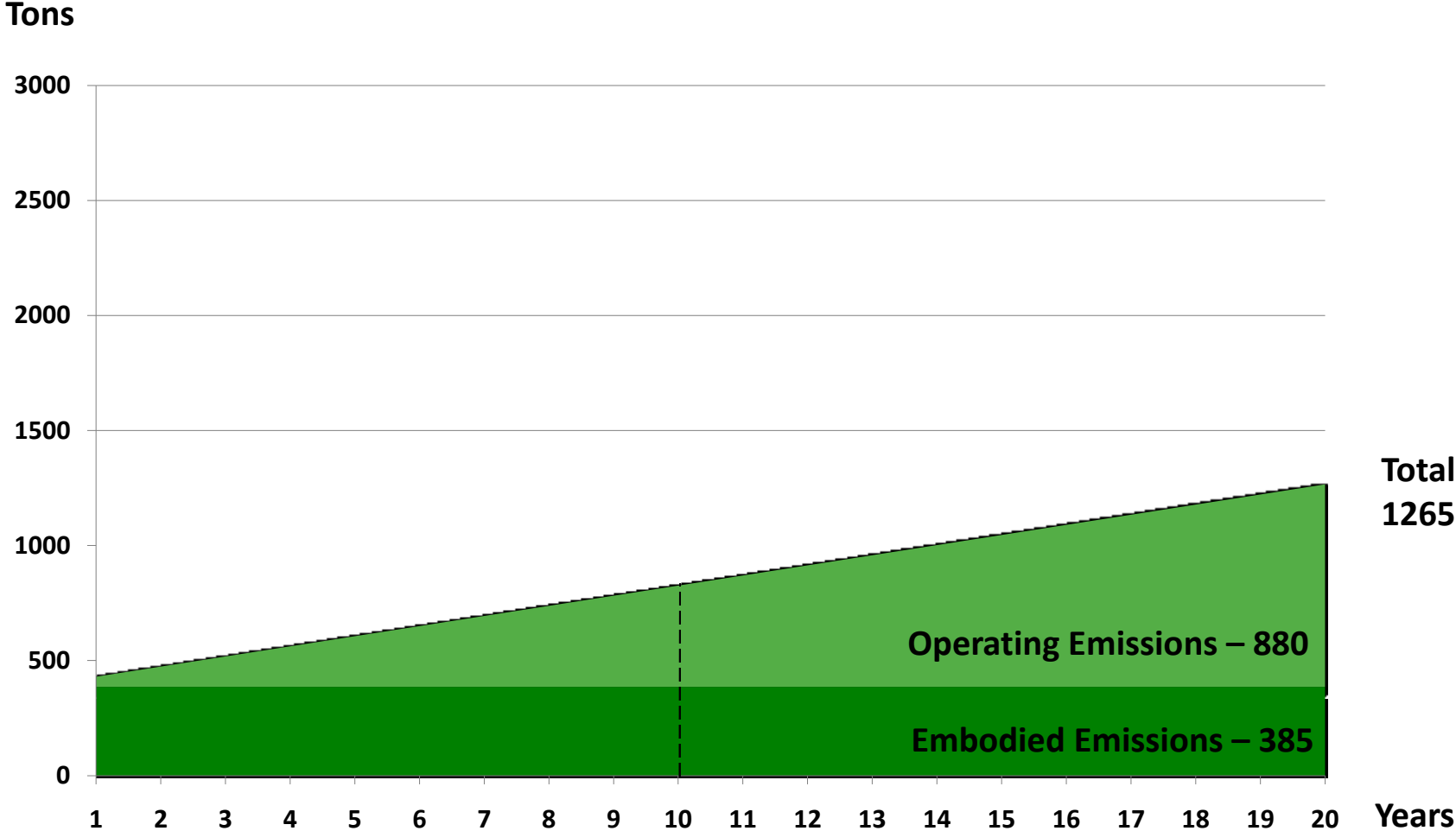
# Embodied Emissions & Operating Emissions are additive

## Standard – code compliant building



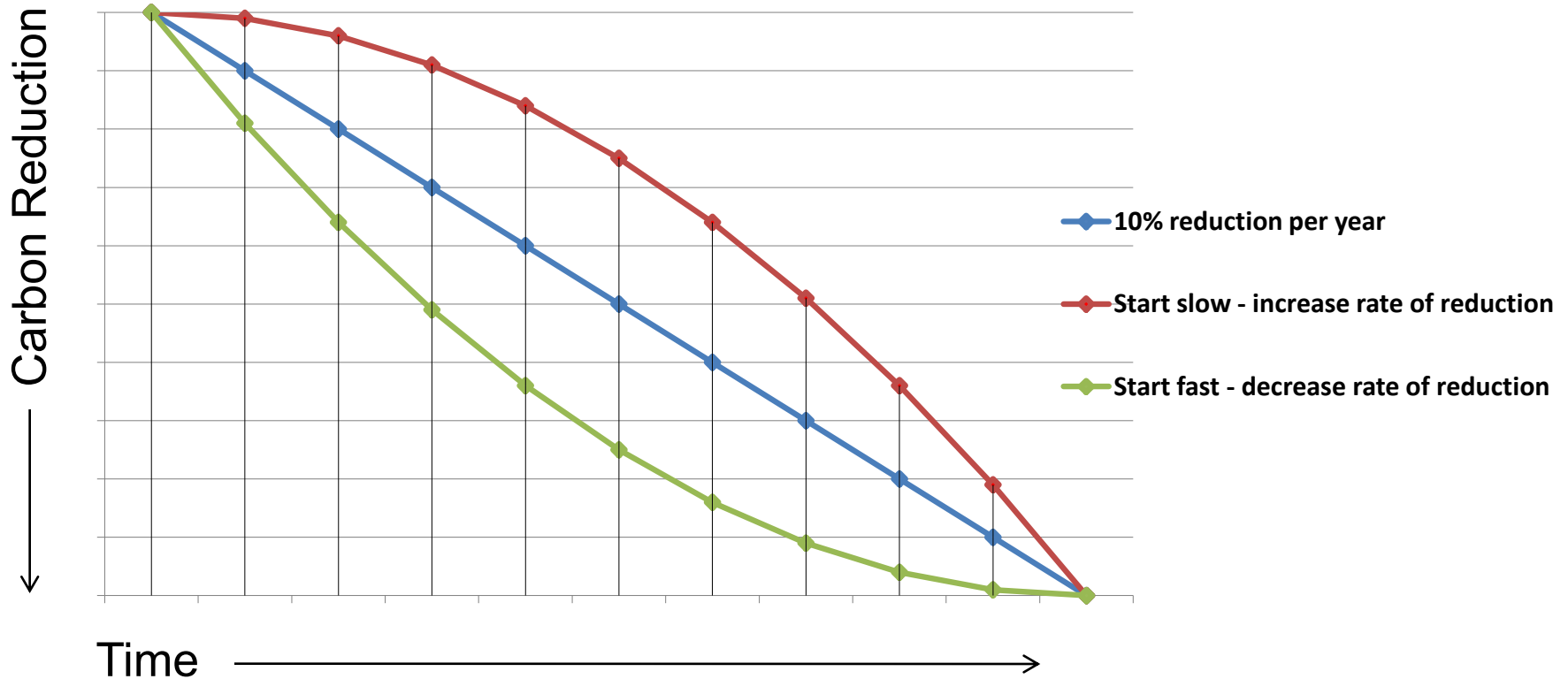
# Embodied Emissions & Operating Emissions are additive

## Efficient, Low Carbon Building



## WHY FOCUS ON EMBODIED CARBON?

- Time Value of Carbon Savings  
Carbon saved now is worth more than Carbon later  
(area under the line is total carbon emitted)



# Data Sources

## Databases

- NREL Data (US specific)
- ICE Database (Inventory of Carbon and Energy)  
Bath University - UK / EU / Global data
- Ecoinvent (Global / European data)
- Franklin Data (transportation of materials)

## Carbon Analysis Programs

- Athena Institute- reasonably transparent
  - Assembly Calculator – free
  - Impact Estimator – fee for download
- SimaPro – free demo, reasonably transparent
- URBEMIS – free, transparent
- EPA WASTE Reduction Model (WARM) – free, transparent
- ConstructCO2 – beta

## What's Missing

We need better embodied carbon Data

We need Baseline / average numbers for different materials

We also need best and worst case data for each material

- Manufacturer reporting

- Third party verified

We need data on building reuse vs new construction

*(coming soon to a database near you!)*



## PORTOLA VALLEY TOWN CENTER

SIEGEL & STRAIN Architects

Goring & Straja Architects

# Reducing Embodied Carbon

Materials

# WHAT MAKES A MATERIAL GREEN?

Durable	lasts longer, lower life cycle impacts
Renewable	well managed resources, current solar income
Biodegradable	becomes food
Efficient	do more with less, resources go farther
Energy efficient	low embodied energy
Recycled/able	conserve virgin resources, and mfg. energy
Non-toxic	human and eco system health
Local	support local economy, minimize transport impacts
Bldg. perform.	improve building performance

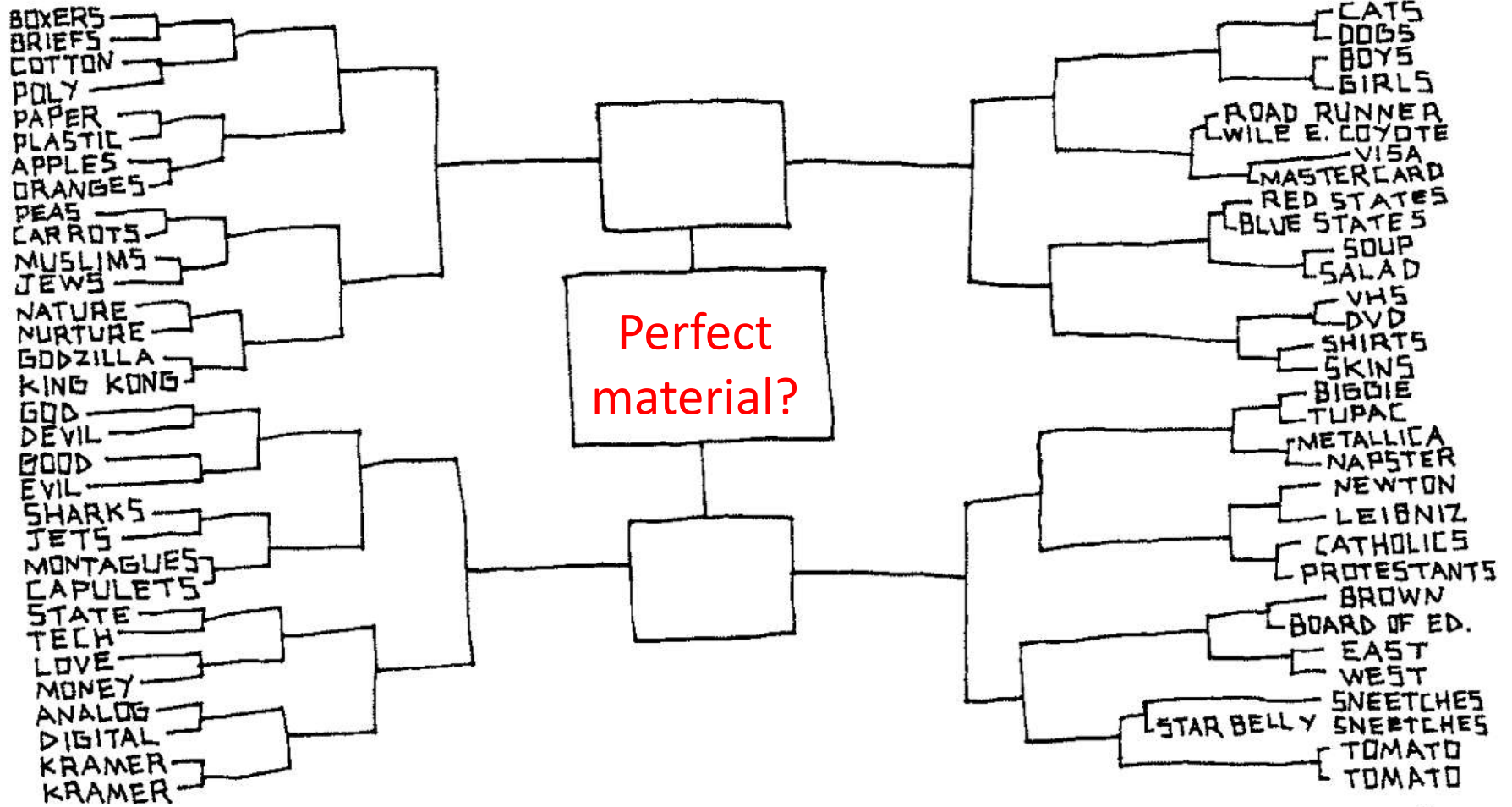


# WHAT MAKES A MATERIAL LOW EMBODIED CO<sub>2</sub>?

Durable	lasts longer, lower life cycle CO <sub>2</sub> impacts
Renewable	sequesters CO <sub>2</sub>
Biodegradable	becomes food
Efficient	do more with less CO <sub>2</sub> , resources go farther
Energy efficient	low embodied energy, low embodied CO <sub>2</sub>
Recycled/able	conserve virgin resources, mfg. energy, & CO <sub>2</sub>
Non-toxic	human and eco system health
Local	support local economy, minimize transport & CO <sub>2</sub> impacts
Bldg. perform.	improve building performance, minimize CO <sub>2</sub>

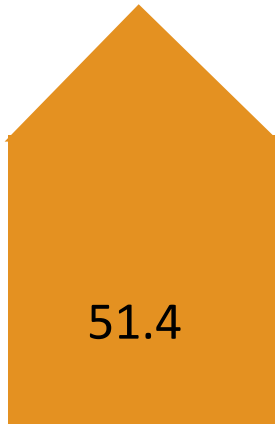


# MATERIAL SELECTION



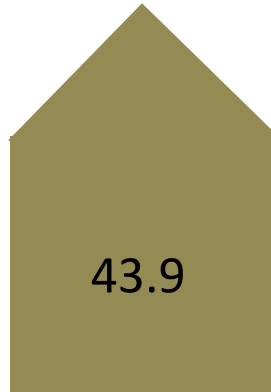
# Reducing Embodied CO<sub>2</sub>e

(lower emission materials / fewer materials?)



**Typical Home**  
**(Full Basement)**

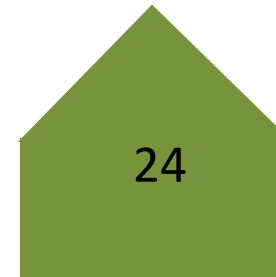
Fiberglass Insulation  
Vinyl frame windows  
Vinyl Siding  
Comp shingle roofing  
2x4 framing  
OSB Sheathing  
15% fly-ash concrete



**“Greener” Materials**  
**(Full Basement)**

-3.64 Cellulose Insulation  
-1.94 Wood frame windows  
-1.77 Wood Siding  
+2.89 Steel roofing – more durable  
+0.32 2x6 framing – more insulation  
-1.36 Plywood  
-1.98 35% fly-ash concrete

**7.5 ton reduction**



**“Greener” / Fewer**  
**-19.9 (No Basement)**

-3.64 Cellulose Insulation  
-1.94 Wood frame windows  
-1.77 Wood Siding  
+2.89 Steel roofing – more durable  
+0.32 2x6 framing – more insulation  
-1.36 Plywood  
-1.98 35% fly-ash concrete

**27.4 ton reduction**

# Reducing Embodied CO<sub>2</sub>e

(very low emission / zero emission materials)

LOW CARBON ALTERNATIVE	CO <sub>2</sub> Unit	STANDARD MATERIALS	Multiplier
Aggregate rubble trench	1	Concrete foundation	20x
Earthen floor (from site)	0	Raised wood floor	N/A
No carpet	0	Synthetic carpet	N/A
Wood	1	Engineered wood products	15 - 20x
Wood window frames	1	Aluminum window frames	20x
Cellulose insulation	1	Fiberglass insulation	5 – 10x
Strawbale walls (load bearing)	1	Wood frame walls	1 - 10
Clay paint (from site)	0	Paint	N/A
Unfired earth (from site)	0	Fired brick	N/A

# Reducing Embodied Carbon

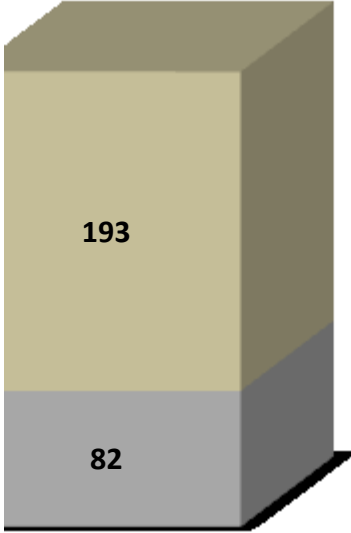
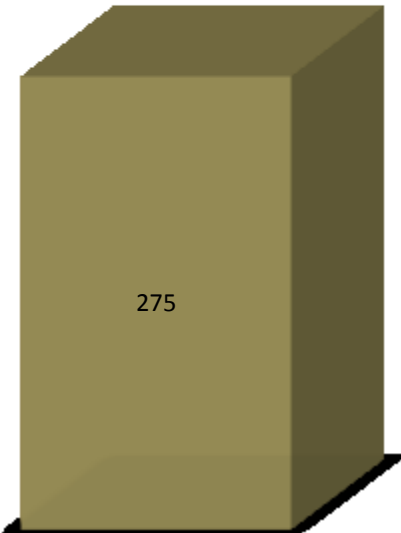
What else can we do to reduce embodied carbon?

# Reducing Embodied Carbon

Existing building reuse



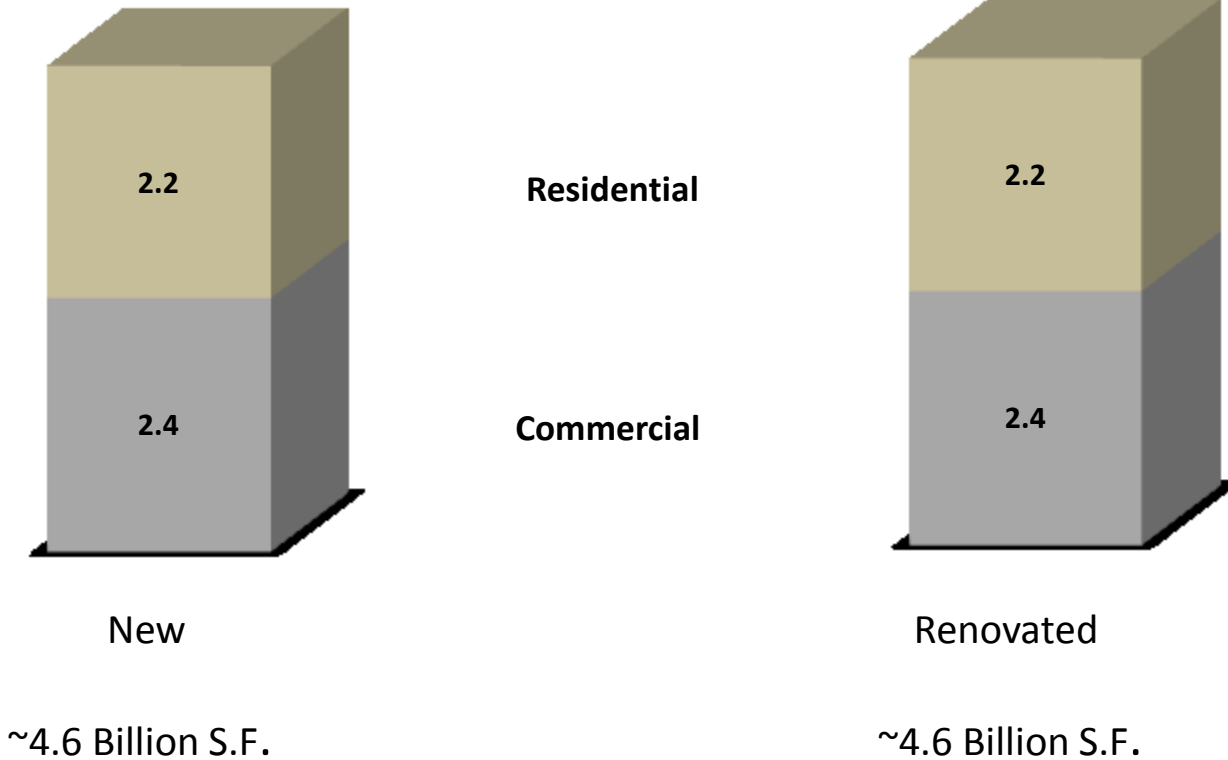
# Existing Buildings - Billions Square Feet



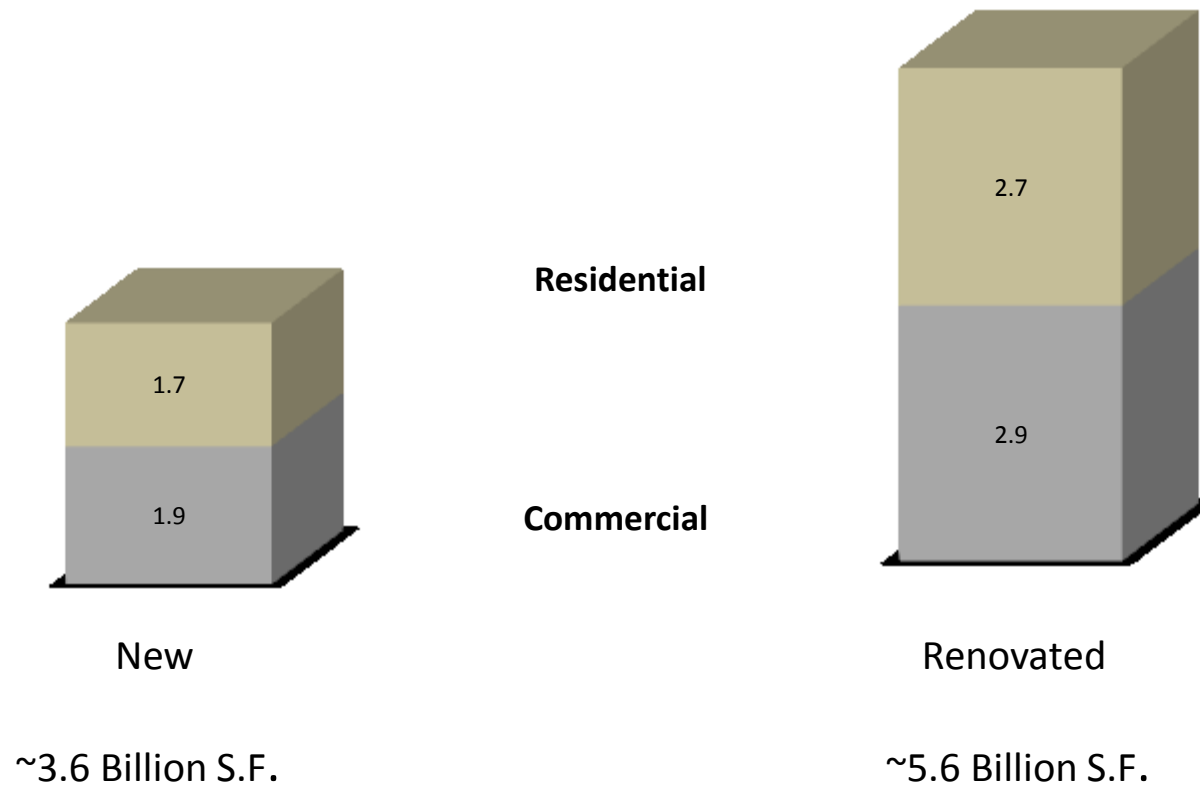
**Residential**  
**(3.85 billion tons CO<sub>2</sub>)**

**Commercial**  
**(3.07 billion tons Co<sub>2</sub>)**

# Annual Construction – Billions of Square Feet



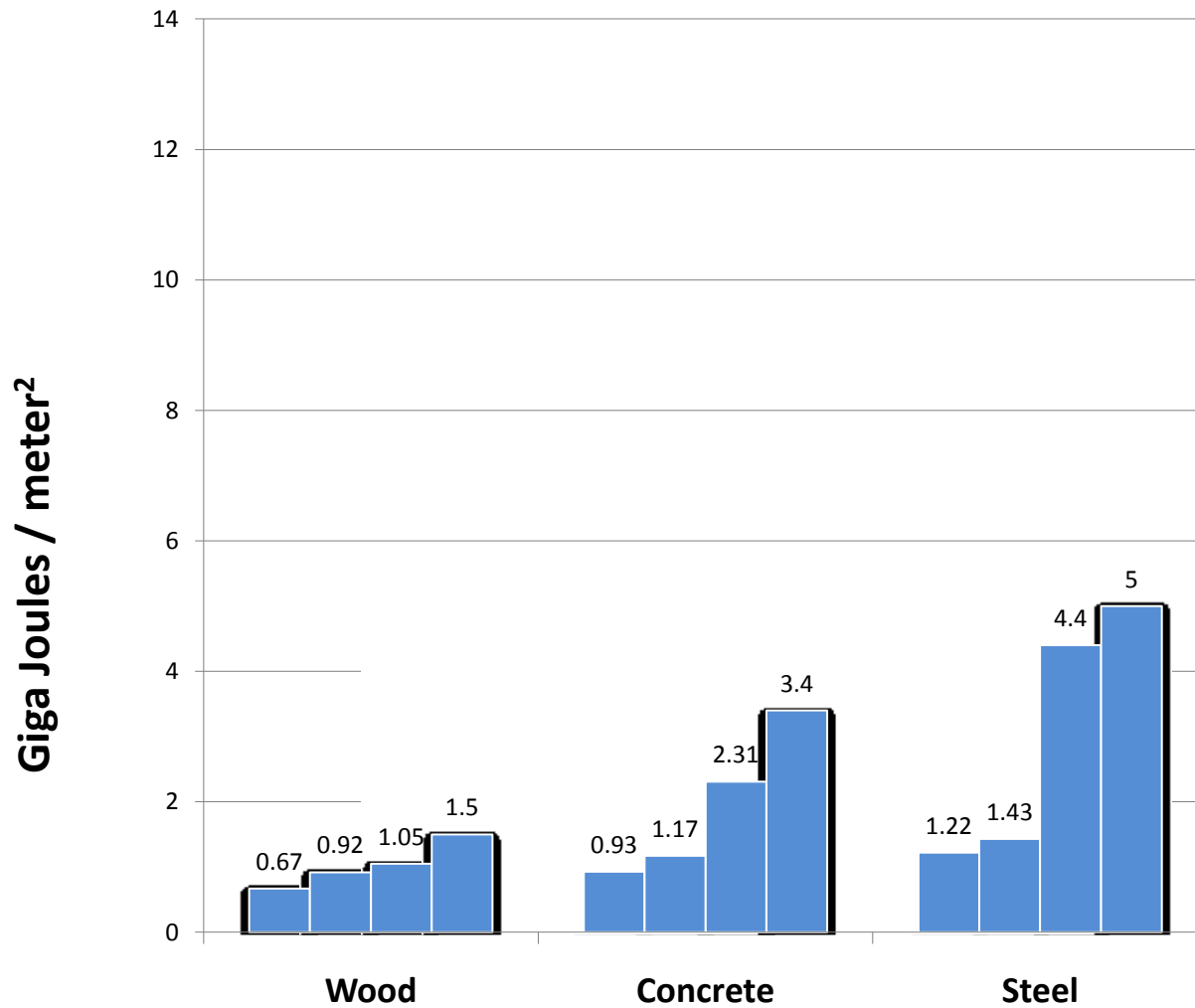
# Annual Construction – Revised



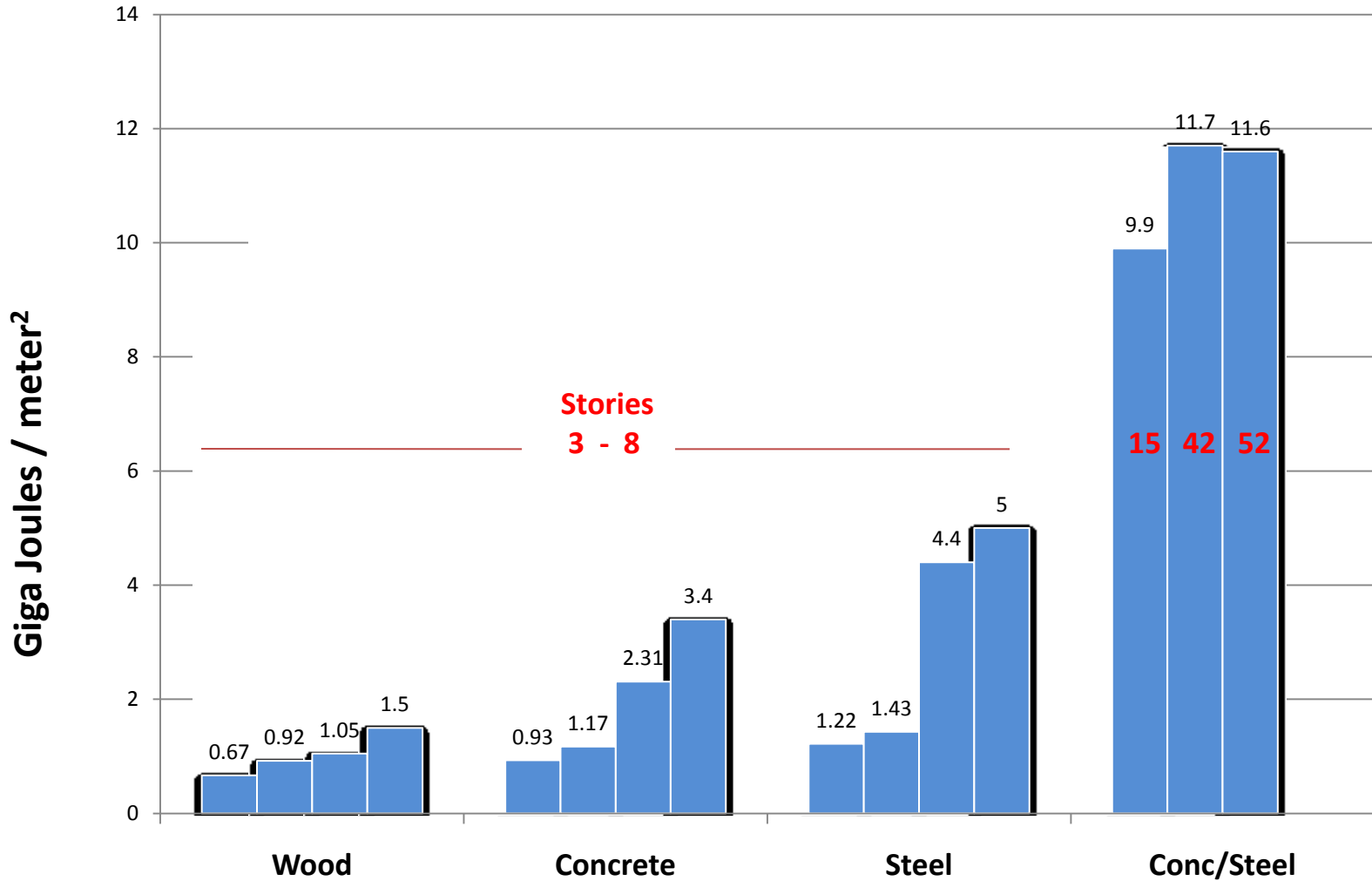
# Reducing Embodied Carbon

Other unproven theories

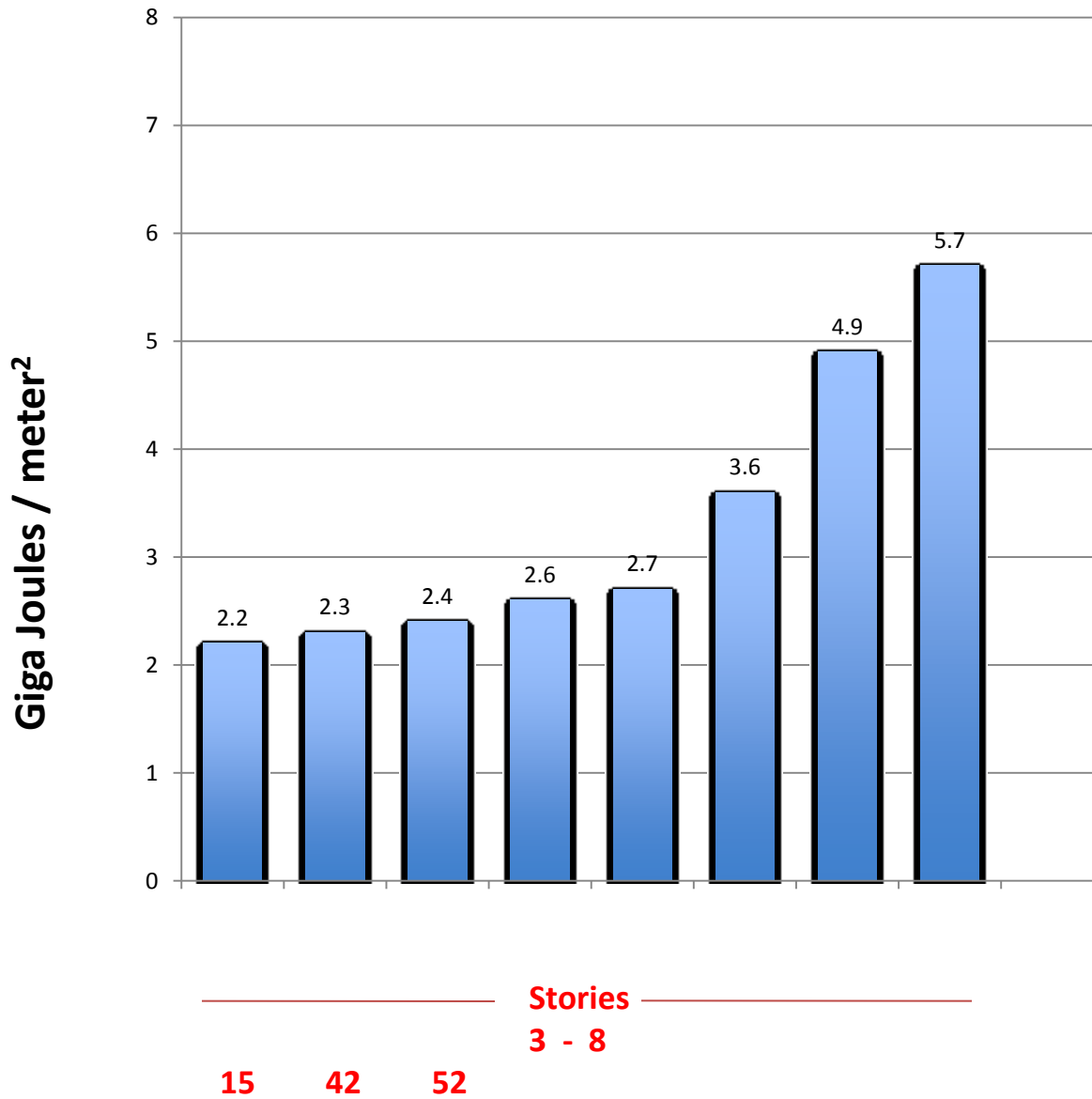
# Embodied Energy - Structure



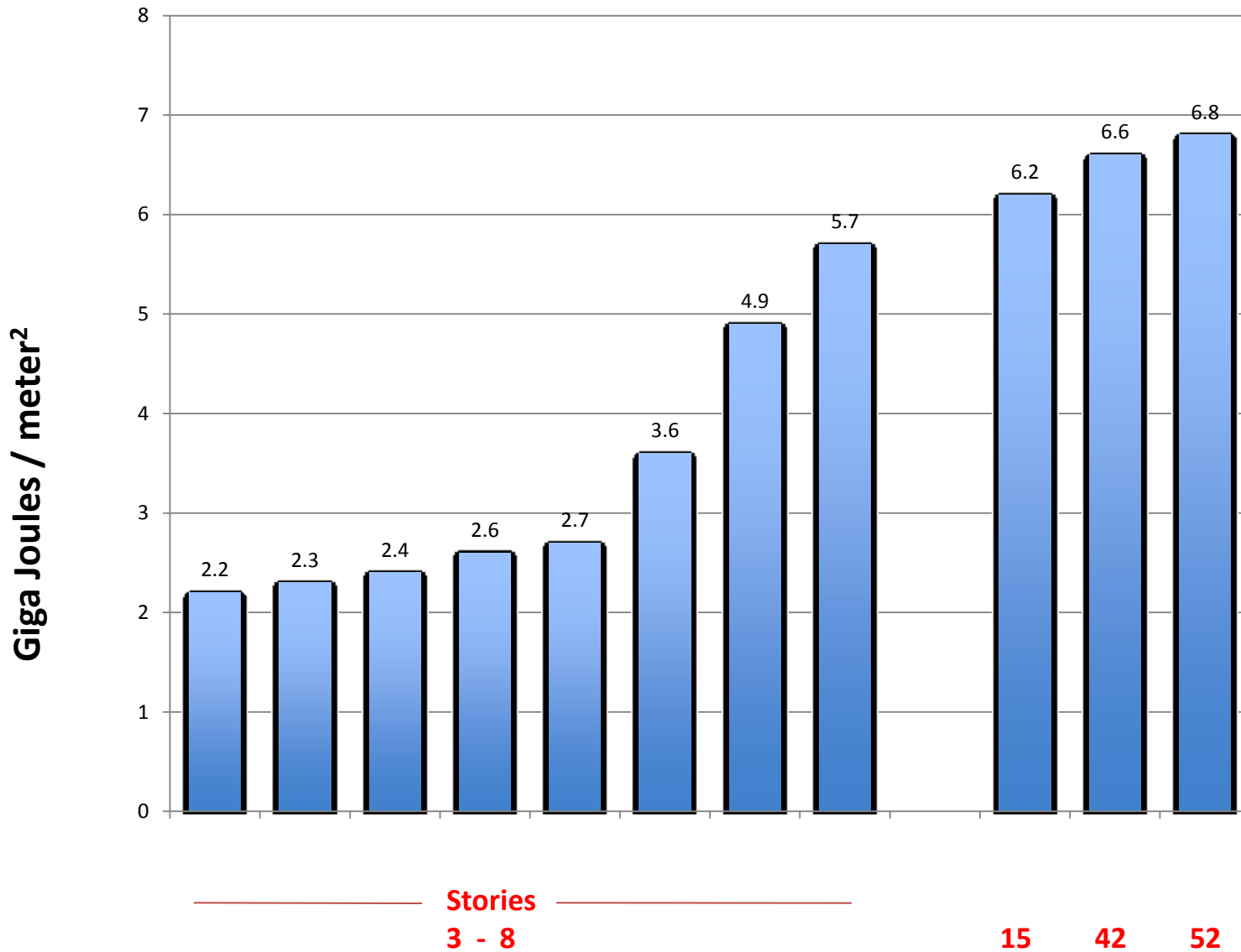
# Embodied Energy - Structure + Height



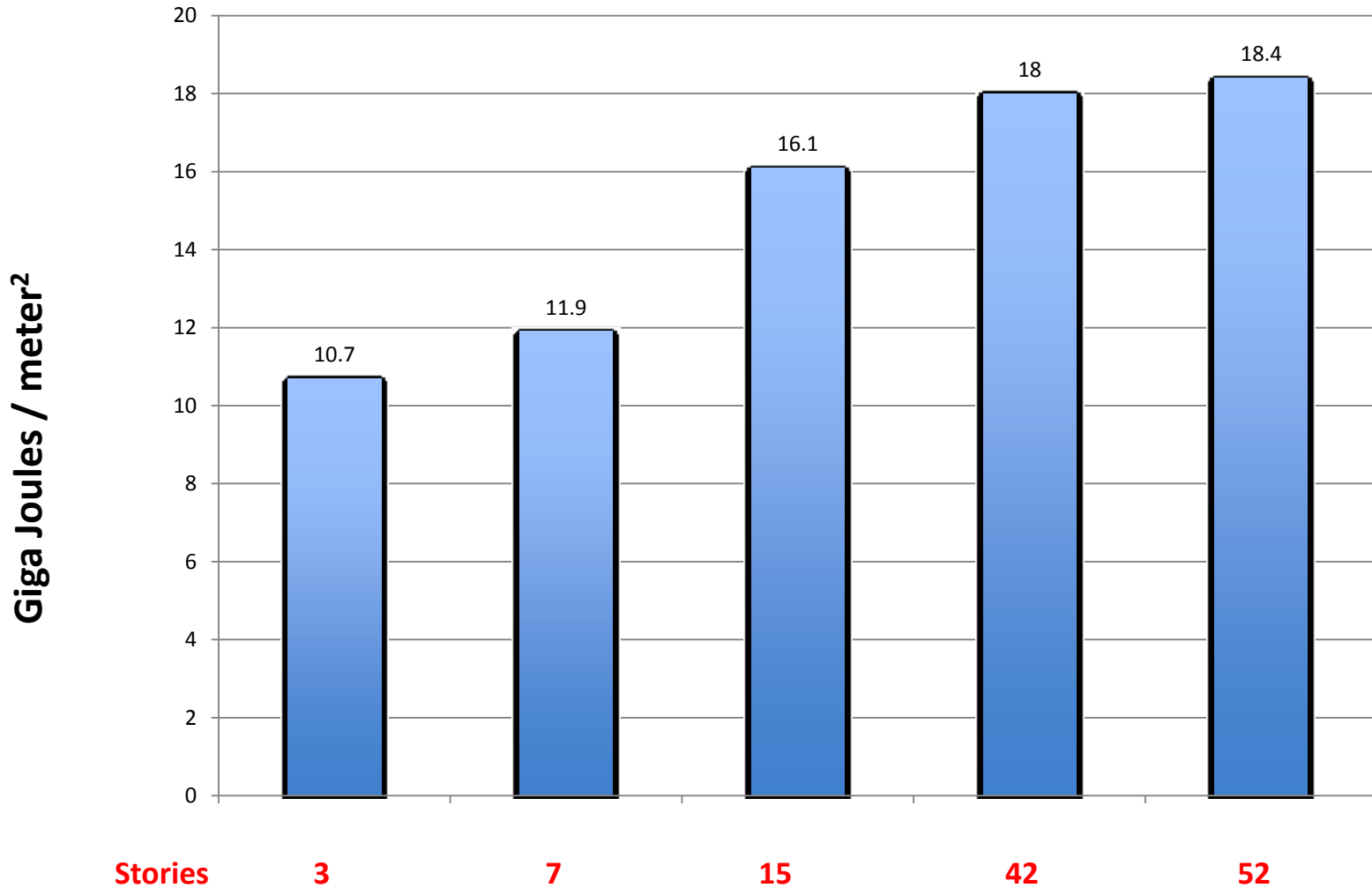
# Embodied Energy – Non-Structural Materials



# Embodied Energy – Non-Structural Materials + Height



# Embodied Energy – Total Materials + Height



## Measurement

" . . . careful measurement is a way of discovering new things, not just checking the status quo. Monitoring is not just a necessary handmaiden of science - it is the real thing."

(Economist, March 6, 2010, "Monitoring Greenhouse Gases: Highs and Lows")

*Thanks to Peter Morris, Davis Langdon*

*build less*

*build smaller*

*use less*

*re-use more*

*use simple materials*